

# Complete Harmony

Skin and Body Clinic

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# June/July

## NEWSLETTER

facebook - facial deals - 'hero' product - wiki skin-manicures & pedicures



Brrrrr.... The mornings and evenings are coming in quite cool but our days are absolutely stunning. However, the cold snap means our skin may start to feel dry, itchy, irritated, look flushed and sometimes can suffer seasonal dermatitis. But, never fear because we have brilliant facial treatments and products that can significantly minimize these skin conditions allowing the skin to still feel and look it's best throughout the cooler months. Which brings me to.....

**WikiSkin** ... it just wouldn't be a newsletter without WikiSkin

Now, for a bit of **SKINuCATION** .....

**Q&A** ..... Answers to the many product queries we get asked

### Why cleanse, tone & moisturise?



The skin not only serves for appearance and shape but it also needs to function for protection from temperature changes, uv-radiation, water-loss, chemical impact, bacteria, viruses and fungi etc.... So, in a nutshell it's a very busy organ and it must be looked after. Generally speaking, us women are very good at decorating & congesting our facial skin with all colours of the rainbow, but we could be better at using the correct skincare products to cleanse, care, heal and nourish our skin. It has to work all day and it needs to heal at night...

Most **cleansers** will help to remove impurities, dirt & make-up without stripping the skin's important natural oils, most **toners** offer extra cleansing but help to restore a healthy normal PH to the skin and aid to minimize the appearance of open pores. The **moisturisers** should offer your skin protection, hydration and provide a perfect base for make-up.

### What's the difference between Day Cream & Night Cream?

**Huge...** **Day Cream** is to protect, hydrate, calm, and soothe the skin, plus it serves as a healthy barrier between your skin and make-up. **Night Cream** must aid to help repair the skin from the onslaughts of the day and to prepare your skin for the following day as well as work with your **Serums** to regenerate the skin.

### How come Serums and Ampoules are important extras?

These are important and necessary to aid in the **'turn-a-round effect'** for the skin. These products are full of active ingredients that can strongly assist in repairing, de-sensitising, healing, oil-controlling or nourishing skin which are ideally administered by you at home. **Vitamins A,C,E** are the Kings & Queens of Serums... **Vitamin CEF** (ferulic acid) **Serum** has just been researched by a group of Dermatologists in America & it's shown to be an excellent anti-aging serum.



### JB serum cef

With 15% vitamin C, 1% vitamin E and 0.5% ferulic acid, this combination of antioxidants provides eight times the skin's own photo-protection, offering the highest effectiveness in neutralising free radicals, supporting collagen production and brightening the complexion.

**FREE** JB Collagen & Elastin Mask with every purchase of Serum

### Micro Cleanse ..... It's won an Award

**MICRO CLEANSE WON AN AWARD!**

Will help to dislodge dead skin cells from the pores. Polishing your skin for an instant healthy glow

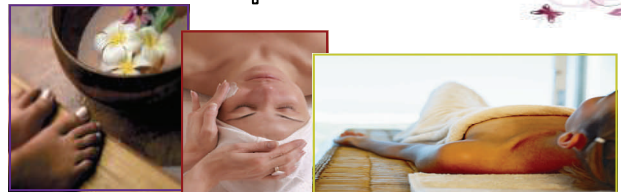
PERFECT FOR ANY FIT SKIN ROUTINE

With just one use of Micro Cleanse you will notice and feel a remarkable difference to your skin

**Congratulations** to the two ladies who won the *Juicy Couture Gift Box* Sets of Juicy Couture Eau de Perfume & Body Lotion valued over \$100.00 per set.. They won these for purchasing a Mothers Day Gift Voucher valued \$100.00 and over.....

These Packages will get your Skin Management on track this winter....

### SaveMySkin Winter Specials



### 3 FANTASTIC TIP-TO-TOE PACKAGES

#### SKIN REHAB FACIAL PACKAGE

\* Repair \* Replace \* Rebuild  
Intense Deep Cleansing & Hydrating Facial Ritual

**\$99**

\* EYEBROW WAX \* EYELASH TINT

**\$65**

#### DELUXE SALT & WARM OIL MASSAGE

\* Salt Exfoliation of dry skin  
\* 30mins Warm Oil Scalp, Neck & Back Massage

#### WINTER SOOTHING PARRAFIN PEDICURE

\* Soothe cold feet & repair skin with the luxurious warmth of paraffin wax mask \* Heavenly foot massage  
\* Completed with Shellac Polish Finish

**\$65**

All promotions & offers available until mid-July

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